

# School Administrative Unit #9

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## Medication Order for Students with a History of Allergic Reactions

Name of Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

ALLERGIC TO: \_\_\_\_\_

### SEVERE SYMPTOMS after suspected ingestion or contact:

One or more of the following:

LUNG: Short of breath, wheeze, repetitive coughing  
HEART: Pale, blue, faint, weak pulse, dizzy, confused  
THROAT: Tight, hoarse, trouble breathing/swallowing  
MOUTH: Obstructive swelling (tongue and/or lips)  
SKIN: Many hive over body

1. INJECT EPINEPHRINE IMMEDIATELY
2. CALL 911
3. Begin monitoring
4. Give additional medications
  - a. Antihistamine
  - b. Inhaler (bronchodilator) if asthmatic

Or combination of symptoms from different body areas

### MILD SYMPTOMS only:

One or more of the following:

MOUTH: Itchy mouth  
SKIN: A few hives around mouth/face, mild itch  
GUT: Mild nausea/discomfort

1. GIVE ANTIHISTAMINE
2. Stay with student; alert healthcare professional + parent
3. If symptoms progress (see above) USE EPINEPHRINE
4. Begin monitoring

### MEDICATION ORDER:

Antihistamine  
Medication: \_\_\_\_\_  
Dose: \_\_\_\_\_  
Route: \_\_\_\_\_  
Side Effects: \_\_\_\_\_

Epinephrine  
Medication: \_\_\_\_\_  
Dose: \_\_\_\_\_  
Route: \_\_\_\_\_  
Side Effects: \_\_\_\_\_

\_\_\_\_\_  
Licensed Prescriber's Signature Date  
Telephone: \_\_\_\_\_

\_\_\_\_\_  
Please Print Name

Student has permission to self-carry?

(Circle one) YES NO

### PARENT/ GUARDIAN AUTHORIZATION

I hereby authorize the designated staff person or school nurse to administer the above medication as directed. In consideration for this services, I further agree that I will not hold liable, and will save harmless, the SAU 9 School District and/or any department or employee thereof for death or injury resulting from administration or assistance in the administration of the medication described above.

\_\_\_\_\_  
Parent / Guardian Name (Printed)

\_\_\_\_\_  
Parent / Guardian Signature Date

Date received at health office: \_\_\_\_\_

RN Signature: \_\_\_\_\_